

## **ABOUT JOHN HANCOCK HOSTS THE COOKING LIGHT & HEALTH FIT FOODIE FESTIVAL & 5K:**

John Hancock Hosts the Cooking Light & Health Fit Foodie Festival & 5K, the most delicious run ever, is the ultimate celebration of food, fitness and fun. In 2017, the race series will be held in Austin, Texas (May 20); Fairfax, Virginia (June 3); Denver, Colorado (July 29); Clearwater, Florida (Fall 2017); and San Diego, California (October 7). The Fit Foodie Festival & 5K celebrates the balance of delicious, healthy food and a fun, active lifestyle as runners eat way their way to the finish line with bites at every mile, then celebrate at the post-race John Hancock Vitality Village Food and Fitness Festival. The post-race festival features bites from local restaurants, beer and wine garden, mini-workout classes, cooking demonstrations, meet and greets with elite athletes, and more. For more information, visit [www.fitfoodierun.com](http://www.fitfoodierun.com), or follow the Fit Foodie Festival & 5K on [Facebook](#), [Twitter](#) and [Instagram](#).

Insurance products are issued by: John Hancock Life Insurance Company (U.S.A.), Boston, MA 02210 (not licensed in New York) and John Hancock Life Insurance Company of New York, Valhalla, NY 10595. MLINY021517119

## **About John Hancock Financial and Manulife**

John Hancock Financial is a division of Manulife, a leading Canada-based financial services group with principal operations in Asia, Canada and the United States. Operating as Manulife in Canada and Asia, and primarily as John Hancock in the United States, our group of companies offers clients a diverse range of financial protection products and wealth management services through its extensive network of employees, agents and distribution partners. Assets under management and administration by Manulife and its subsidiaries were \$977 billion (US \$728 billion) as at December 31, 2016. Manulife Financial Corporation trades as 'MFC' on the TSX, NYSE and PSE, and under '945' on the SEHK. Manulife can be found on the Internet at [manulife.com](http://manulife.com).

The John Hancock unit, through its insurance companies, comprises one of the largest life insurers in the United States. John Hancock offers and administers a broad range of financial products, including [life insurance](#), [annuities](#), [investments](#), [401\(k\) plans](#), [long-term care insurance](#), [college savings](#), and other forms of business insurance. Additional information about John Hancock may be found at [johnhancock.com](http://johnhancock.com).

## **ABOUT COOKING LIGHT:**

Cooking Light is one of the largest epicurean magazine brands in the U.S. and is uniquely positioned at the intersection of great-tasting food and good health. The brand delivers innovative recipes, nutrition advice, and resources to live a healthful lifestyle via its magazine, website, and portfolio of cookbooks; across all tablets; through the highly-acclaimed Cooking Light Quick & Healthy Menu Maker app; with a fresh prepared-foods line and branded cookware; and on social media platforms, including, Facebook, Twitter (@Cooking\_Light), Pinterest, Instagram (@cookinglight), and Google+. In 2013, Cooking Light received two James Beard Foundation Book, Broadcast and Journalism Awards. Cooking Light is owned by Time Inc., one of the largest media companies in the world.

## **ABOUT HEALTH:**

Health ([www.health.com](http://www.health.com)) motivates women to feel happy and healthy every day. Health is the go-to resource for the latest news on nutrition, fitness, health and beauty, delivering smart, actionable advice to help consumers live better. A dynamic multiplatform franchise

with a print magazine, robust website, tablet and mobile editions, books, and a strong social media presence, Health reaches a total monthly audience of 24 million. Health is published ten times a year by Time Inc., one of the largest media companies in the world. Health. Happy Begins Here.

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